



## Raise Your Vibration to Accelerate Your Health & Happiness

This 2.5 hour class will help you learn the fundamentals of “all matter is energy” and the new field of vibrational or energy medicine. You’ll learn to use the basics of vibration to improve your health and happiness, relieve stress and even lose weight.

You’ll learn and practice daily routines to raise your vibration, quickly clear negative emotions and make healthy eating choices for optimum health and thriving in our hectic world.

March 15th 2018

**6:00 - 8:30 PM - \$25**

St. Croix Healing Arts Center 411 Cty Rd UU Hudson, WI

Cheryl Anderson-Hinz Health &

Life Coach, Reiki Master

THRIVE | (R)EVOLUTION  
WELLNESS - WEIGHT LOSS - WISDOM